

# 17<sup>th</sup> Meeting of the European Society of Residents in Urology (E.S.R.U.)

Saturday, 17 April 2010, Barcelona

## Room: Stockholm

### Chairs:

- Prof. Tarik Esen, EAU Residents's Office (Istanbul, Turkey)
- Dr. Tamás Zóber, ESRU Chairman (Budapest, Hungary)

10.00 - 10.15 **Opening and introduction**  
**Prof. Per-Anders Abrahamsson**, EAU Secretary General (Malmö, Sweden)  
**Dr. Tamás Zóber**, ESRU Chairman (Budapest, Hungary)

### 10.15 - 11.45 **Debate: Alternatives for radical prostatectomy**

- Open: **Dr. Marco Garofalo** (Bologna, Italy)
- Laparoscopic: **Dr. Ali Gozen** (Heilbronn, Germany)
- Robot-assisted: **Dr. Ben Van Cleynenbreugel** (Leuven, Belgium)

11.15 - 11.45 **Dr. Ákos Pytel** (Pécs, Hungary): Surgery for penile cancer. Reducing the morbidity associated with the surgical management.

### 11.45 - 12.15 **Test your knowledge: "The Campbell's quest"**

An interactive quiz testing the European residents on their urological knowledge. The winner will receive the urological bible: The new Campbell-Walsh Urology

12.15 - 13.15 **Lunch**

13.15 - 13.55 Interactive quiz: "Who is the winning team of ESRU 2010?"  
 Three groups of residents will compete in answering questions, medical and paramedical, related to urology.

13.55 - 14.25 **Prof. Antonio Alcaraz** (Barcelona, Spain): NOTES and LESS nephrectomy

### 14.25 - 15.45 **Debate: Present and future of training in urology**

- Prof. Claude Abbou (EUSP)
- Prof. Marianne Brehmer (EBU)
- Prof. Christopher Chapple (EAU)
- Prof. Gabriel Haas (USA)
- Prof. H. Van Poppel (ESU)
- Dr. Tamás Zóber (ESRU)

### 15.45 - 16.30 **Nightmare Session**

Presentations of clinical problems that have startled and perplexed residents all over Europe

#### Chairs:

- Prof. Luis Martinez-Pineiro (Madrid, Spain)
- Prof. Dmitry Pushkar (Moscow, Russia)

16.30 - 16.45 **Prizes and awards**

- Winners of the Campbell's quest
- Best abstracts presented by residents offered by EAU
- Best published article by residents offered by European Urology

# 9<sup>th</sup> Practical Prostate Ultrasound and Biopsy Course

Experts laud comprehensive training programme



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The Department of Urology of the Military Hospital in Lisbon held on October 30 to 31 last year the 9<sup>th</sup> Practical Prostate Ultrasound and Biopsy Course, the only urology department in Portugal to offer this comprehensive course that aims to inform urology residents and senior urologists.

The course attracts participants as it aims to provide the learning and mastering of various techniques in transrectal prostate ultrasound and biopsy, based on current knowledge and the highest standards to ensure diagnostic accuracy with low morbidity.

Last year 10 trainees attended the course which included theoretical sessions and a hands-on workshop. Each trainee performed two transrectal prostate ultrasound scans and three biopsies. A total of 40 biopsies and 24 prostate scans were performed by the end of the course.

With individualised mentoring, organising a course like this one certainly involves some complexity as the training programme demands extensive logistic and organisational capability, not only in selecting a large number of patients but also by making available to participants the latest ultrasound probe technology that can be found in the market.



All participants and faculty gathered for a photo on the stairs of the main entrance of the Military Hospital.

Over the last five years, an estimated 70 urologists who joined the course earned certificates in prostate ultrasound and biopsy. Today, more than half of these participants are performing biopsies in their departments, attesting to the effective skills transfer and training provided by this course. Thus, this programme is held in high esteem by the Portuguese Association of Urology.

We hope that the next edition, the 10<sup>th</sup> Prostate Ultrasound and Biopsy Course, which is scheduled on 29 and 30 April, will not only be open or attract mainly Portuguese residents but also young urologists from other European countries. For more information please email us at prostatecourse@gmail.com We hope to see you in Lisbon, Portugal!



Each trainee performed two transrectal prostate ultrasound scans and three biopsies.

Please visit the ESRU Booth at the EAU Congress in Barcelona!

Location: B20 at EAU Square (Exhibition Hall)

See you in Barcelona!  
 ESRU

## Quiz answers

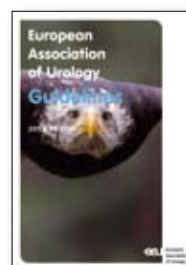
The correct answers of this issue's Guidelines Quiz are: 1e, 2c, 3b, 4d, 5d.

## Guidelines Quiz

- High risk human papillomavirus subtypes include:
  - HPV-11
  - HPV 16
  - HPV 18
  - HPV 33
  - All of the above
- With chronic obstruction, optimal sperm quality is found in what region of the epididymis?
  - Rete testis
  - Efferent ducts
  - Proximal Epididymis
  - Mid epididymis
  - Distal epididymis
- Potential risk factors for the presence of antisperm antibodies include all of the following except:
  - Vasectomy
  - Kartageners syndrome
  - Cryptorchidism
  - Genital trauma
  - Sperm agglutination
- What percentage of patients with unilateral vasal agenesis has upper tract abnormalities?
  - 10 %
  - 30 %
  - 50 %
  - 80 %
  - 95 %
- Genes involved in spermatogenesis:
  - Are located on the short arm of the Y chromosome
  - When absent result in intersex phenotypes
  - Are rarely present in infertile men
  - Include DAZ
  - Are absent only when the karyotype is abnormal

The correct answers of this Guidelines Quiz can be found elsewhere on this page.

From: Campbell-Walsh Urology 9th Edition Review, 3rd edition, by Alan J. Wein, MD, PhD(hon), Louis R. Kavoussi, MD, Andrew C. Novick, MD, Alan W. Partin, MD, PhD and Craig A. Peters, MD (eds). Copyright Saunders/Elsevier (Philadelphia) (2007). Reprinted with permission.



## Test your knowledge!

The EBU offers three MCQs to test your knowledge. Challenge your memory by answering the following questions:

- Which diversion is most likely to cause 'secretory' diarrhea?
  - Kock pouch.**
  - Penn pouch.
  - Mainz pouch.
  - Indiana pouch.
- Which of the following antibiotics is penicillinase-resistant?
  - Ciprofloxacin.
  - Nitrofurantoin.
  - Amoxicillin + clavulanic acid.**
  - Trimethoprim-sulfamethoxazole.
- A sexually active man developed painful left inguinal adenopathy. The overlying skin became purple and adherent. The inguinal nodes were palpable, matted and fluctuant in some areas. The most likely diagnosis is:
  - Primary syphilis.
  - Condyloma latum.
  - Condyloma acuminatum.
  - Lymphogranuloma venereum.**

To check out the correct answers, visit:  
[www.ebu.com/Study Materials](http://www.ebu.com/Study Materials)

