



European Society of Residents in Urology

EBU BOARD MEETING
Cork, 09-10.05.2025



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Past Chairman, European Society of Residents in Urology (ESRU)

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What is ESRU

- Founded in 1991





Governance

 Membership

EAU Membership Office

 Policy

EAU Policy Office

Science

 Scientific Congress

EAU Scientific Congress Office

 Sections

EAU Section Office

 Research Foundation

EAU Foundation for Urological Research

Education

  European School of Urology

EAU Education Office (ESU)

 Scholarship Programme

EAU EUSP Office

 Guidelines

EAU Guidelines Office

EU-ACME

 Young Urologists

Young Urologists Office

Communication

 History Office

EAU History Office

EUROPEAN
UROLOGY

European Urology



European Society of Residents in Urology



Young Academic Urologists

ESRU structure



European Society of Residents in Urology

**Executive committee
(Ex-Comm)**



**National Communication Officers
(NCO)**



ESRU executive committee



Luca Afferi (CH)
Past Chairman



Loic Baekelandt (BE)
Chairman



Carolin Siech (DE)
Chairwoman Elect



Alexander Giesen (BE)
Secretaty



Goga Magradze (GE)
Internal coordinator



Anna Gugerli (CH)
Webmaster



Mehmet Özalevli (TR)
European Urology Today editor



Carlos Toribio (ES) and Gaelle Margue (FR)
Project managers



European Society of Residents in Urology (ESRU) Guidelines



Summary

Objectives of this guideline

ESRU and its aims

Who we are

Our Mission

What we do

Events

YUORday at Annual EAU Congress

European Urology Residents Education Programme (EUREP)

Social events

Science & Publications

Social media

When and where we meet

The ESRU executive committee

Elections

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Roles and activities

Past Chairman

Chairman

Chairman-Elect

Secretary

Internal coordinator officer

Web-Master

Editor

Project managers

The national communication officers (NCOs)

Elections

Roles and activities of the NCO

Additional observations

Reimbursement

Work ethic

Guideline approval

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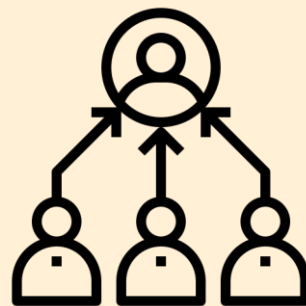
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The goals of ESRU

International representation

Training
gaps



Collaboration with
other EAU offices

Support
residents



Support training,
education

Bring national associations together

Updates from the last year

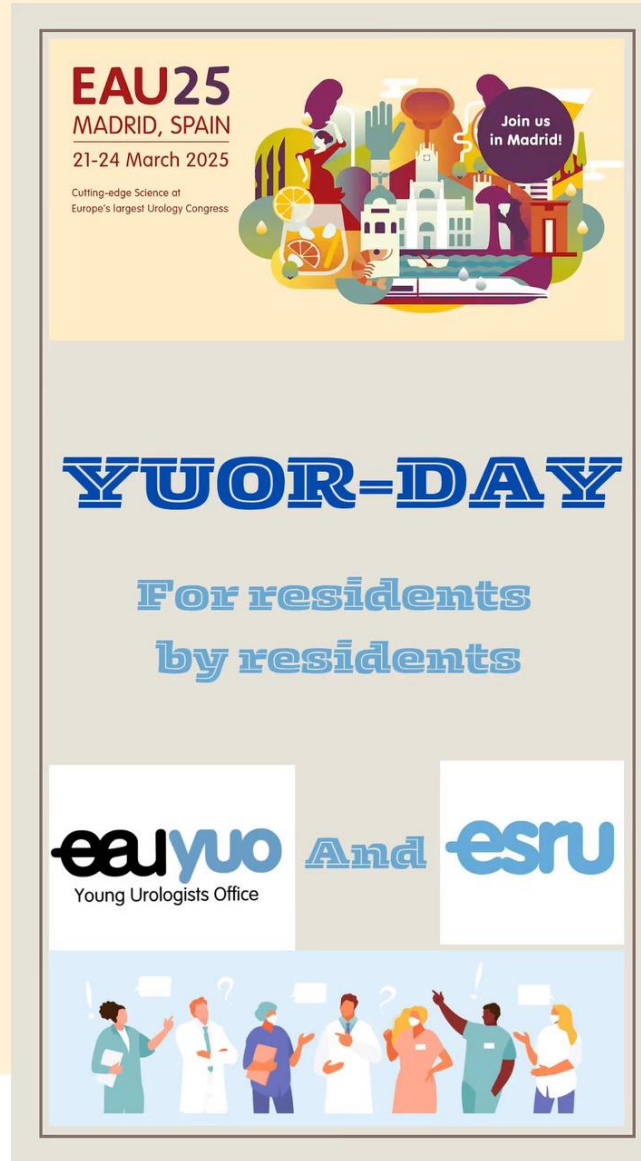
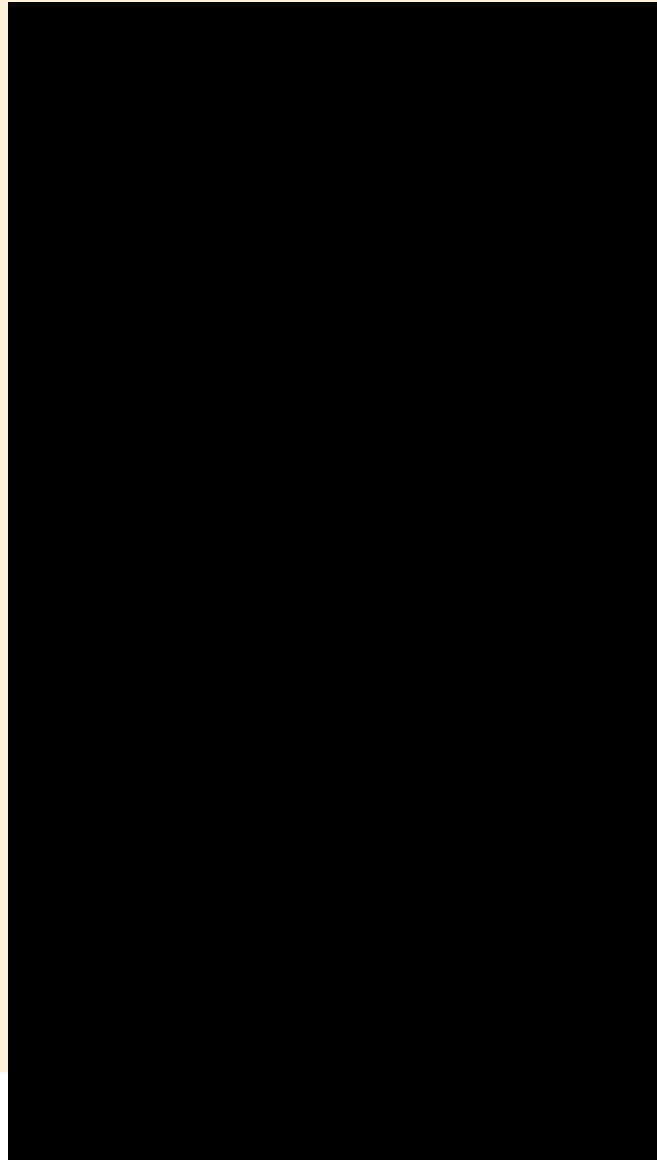
- Organized a successful YOUR-DAY
- 1 survey finalized, 4 surveys on the making
- Finalized the European Fellowship Registry in Urology
- Started our first newsletter
- Training Roadmap
- Starting the last meeting, we launched the committees:

Survey | Education | Communication



1) YUORday

Reach: >1.5K



2) Surveys



Females in
urology



40% consider leaving residency
28% miscarriage
35% obstetric/postnatal
complication



Families start
late



No standardized practices:

- access to operating rooms,
- loss of training time,
- reorganize working schedule...

2) Surveys



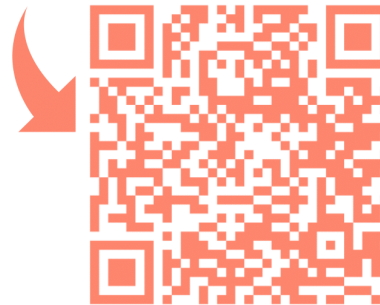
European Society of Residents in Urology

European survey on pregnancy & parenting during urology residency

28% of pregnant urology residents suffered a **miscarriage**¹ **30%** of pregnant residents would **discourage** from pursuing a **surgical career**²
35% of pregnant urology residents had a major **obstetric/postnatal complication**¹

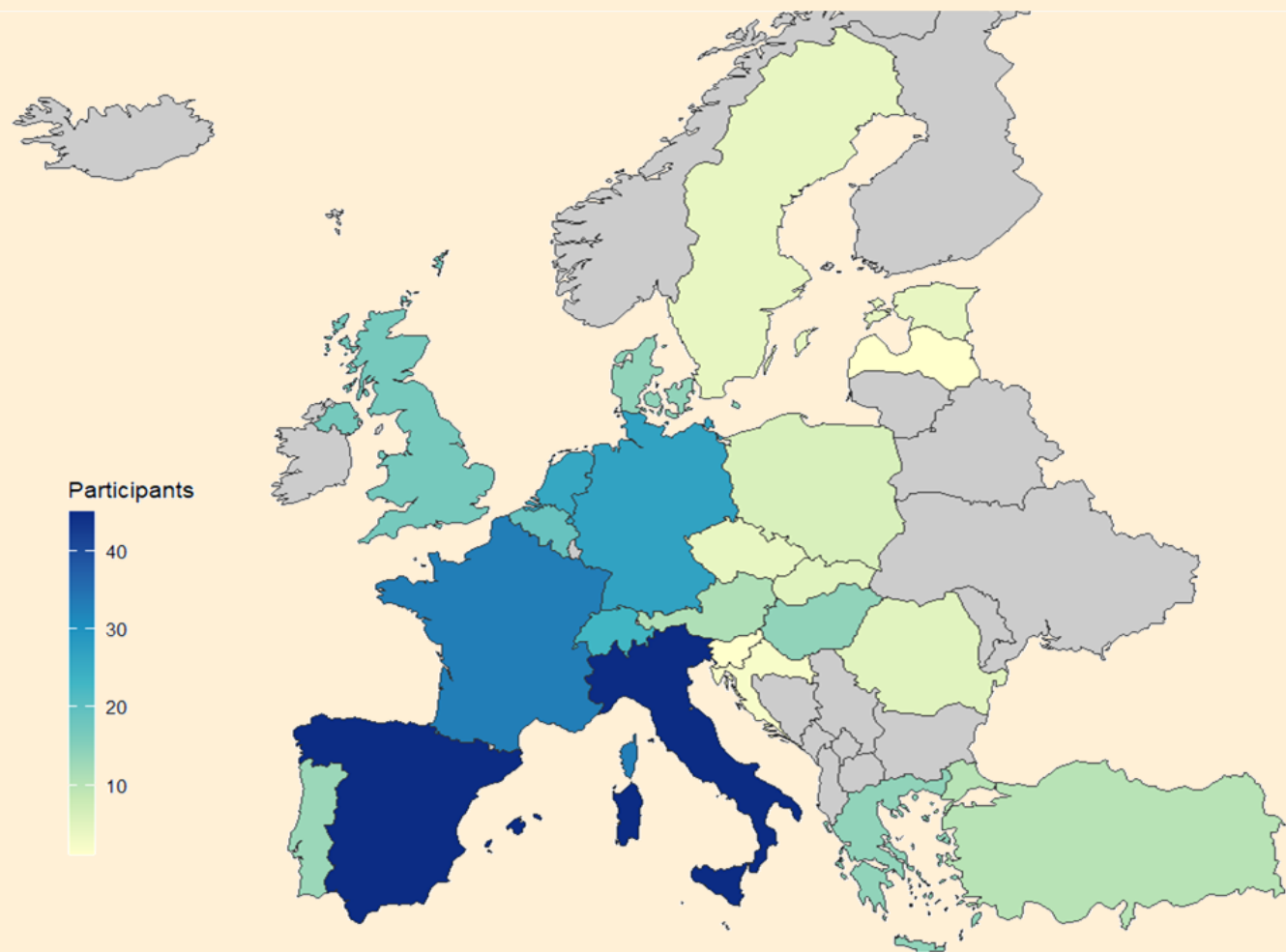
Help us improve this situation!

Survey for **residents** and **fellows or consultants** in **urology**



¹ Whitburn J, et al. Workplace Risks for Pregnant Urologists, AUA news | ² Rangel EL, et al. Pregnancy and motherhood during surgical training. JAMA Surg 2018

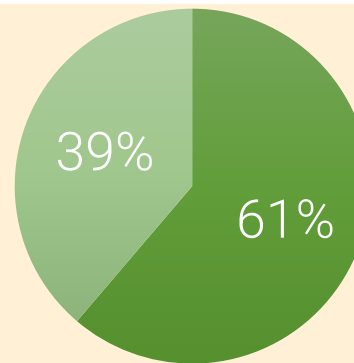
2) Surveys



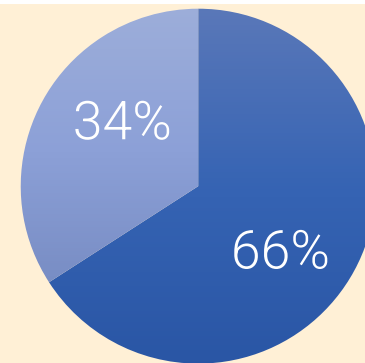
452 respondents

65 excluded
15 Outside Europe
50 Incomplete surveys

387 Complete surveys



Females



Residents

2) Surveys



1) Experiences/views on pregnancy parenthood

157 childbearing participants

- **59 (65%)** feelings of guilt about burdening colleagues
- **69 (75%)** concerns about **missing training opportunities**

230 Non-childbearing participants

Parenthood postponed due to fears of

- **184 (82-92%)** missing career/training opportunities
- **191 (85%)** insufficient time for childcare

2) Surveys



2) Regulatory gaps



- 275 (70%): **NO written policies** on pregnancy and parenthood



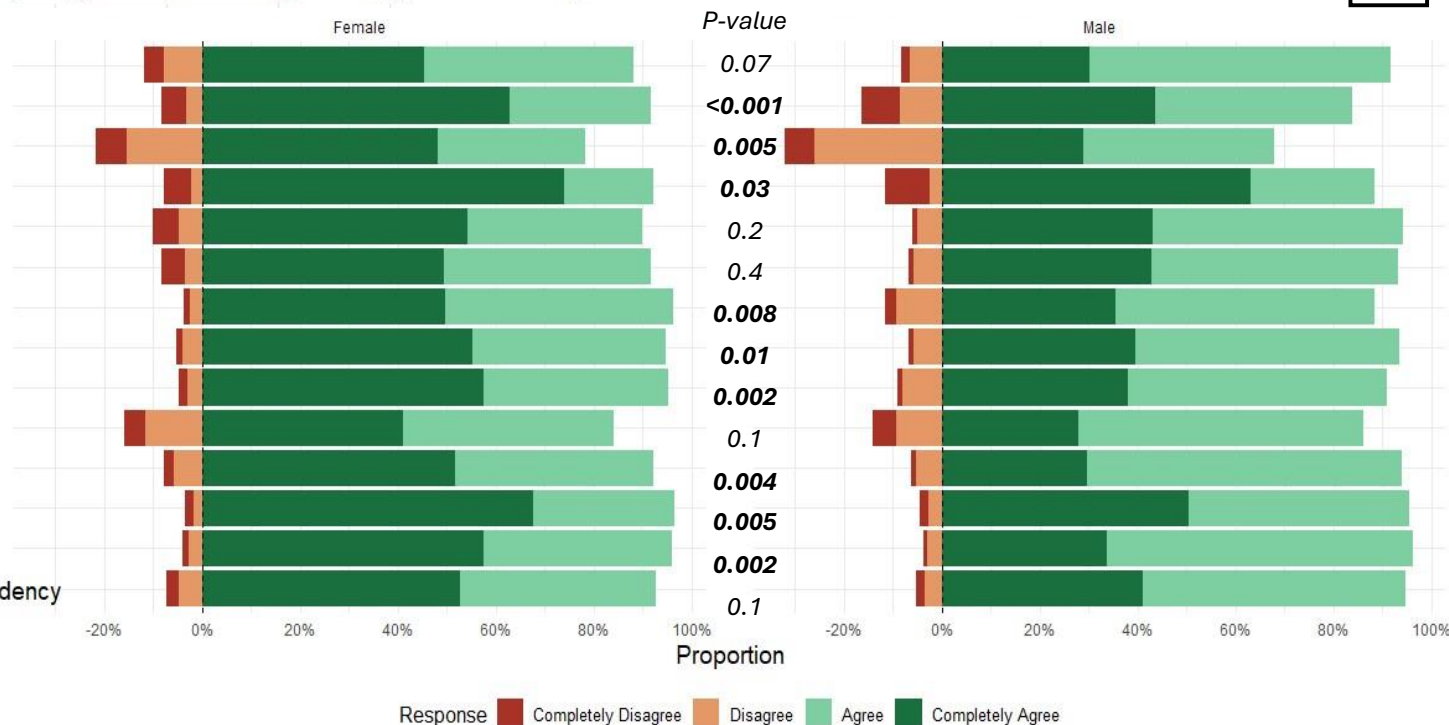
- 319 (82%): **NO Formal discussions** on pregnancy and parenting
 - 228 (59%) agreed about their importance!

2) Surveys

Strong endorsement of standardized European guidelines on pregnancy and parenting in urology residency

Recommendations on which of these topics should be included in the framework of general European recommendations about the management of pregnancy during urology residency?

Duration of maternal leave during pregnancy
Night work during pregnancy
Working on holidays during pregnancy?
Exposure to ionizing radiations during pregnancy
Duration of maternal leave after pregnancy
Duration of paternal leave after pregnancy
Necessity to extend the duration of the residency program
Adaptation of the working schedule upon return to work after pregnancy
Adaptation of the training schedule upon return to work after pregnancy
Frequency of breastfeeding
Access to a lactation space
Facilitated access to childcare
Providing written internal guidelines on the management of pregnancy
Suggesting open discussion of the institutional management of pregnancy at the beginning of residency



2) Surveys

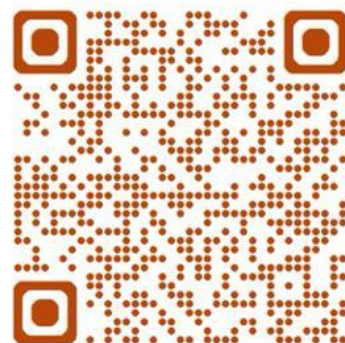
European survey on *knowledge, exposure & protection* of radiation in urology

Survey for **residents, fellows or consultants**

10x more **CT utilization** in diagnostics of urinary stones (1)

2% of new cancers diagnosed are attributed to CT imaging (2)

24% reduction of **fluoroscopy** use applying "ALARA-principle" (3)



esru

European Society of Residents in Urology

you

Young Academic Urologists

(1) Westphalen et al. Radiological Imaging of Patients With Suspected Urinary Tract Stones: National Trends, Diagnoses, and Predictors. Academic Emergency Medicine, 2011;18: 699-707. (2) Smith-Blindman R. et al. Radiation Dose Associated With Common Computed Tomography Examinations and the Associated Lifetime Attributable Risk of Cancer. Arch Intern Med. 2009;169(22):2078-2086. (3) Emiliani, E. et al. Fluorless Endourological Surgery for Stone Disease: a Review of the Literature—Tips and Tricks. Curr Urol Rep 21, 27 (2020).

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3) European Fellowship registry



Carlos Toribio (ES)
Gaelle Margue (FR)
Project managers



European Society of Residents in Urology

The European Fellowship Registry in Urology

European Fellowship Registry in Urology

Clinical and research Fellowships represent an incredible opportunity for medical doctors wishing to expand their knowledge, skills and expertise in a specific field. They also provide important insights on the functioning of a different healthcare system, and they often contribute to both the professional and the personal development, given that fellows often find themselves working in a multicultural environment and are faced with different challenges.

The search for a fellowship might be difficult for several reasons. **Where do I start searching? Where should I go? Which center is the best for me? What level of experience is needed?**

Find your answers:

[European Fellowship Registry in Urology](#)

Reach: 6.4K

450 accesses since Dec 2024

4) ESRU Newsletter



Mehmet Özalevli (TR)
European Urology Today editor



Dear Residents,

It's time to update you with the latest from the ESRU community. There's plenty of news to cover, so be sure to read completely – we have some exciting updates to share!

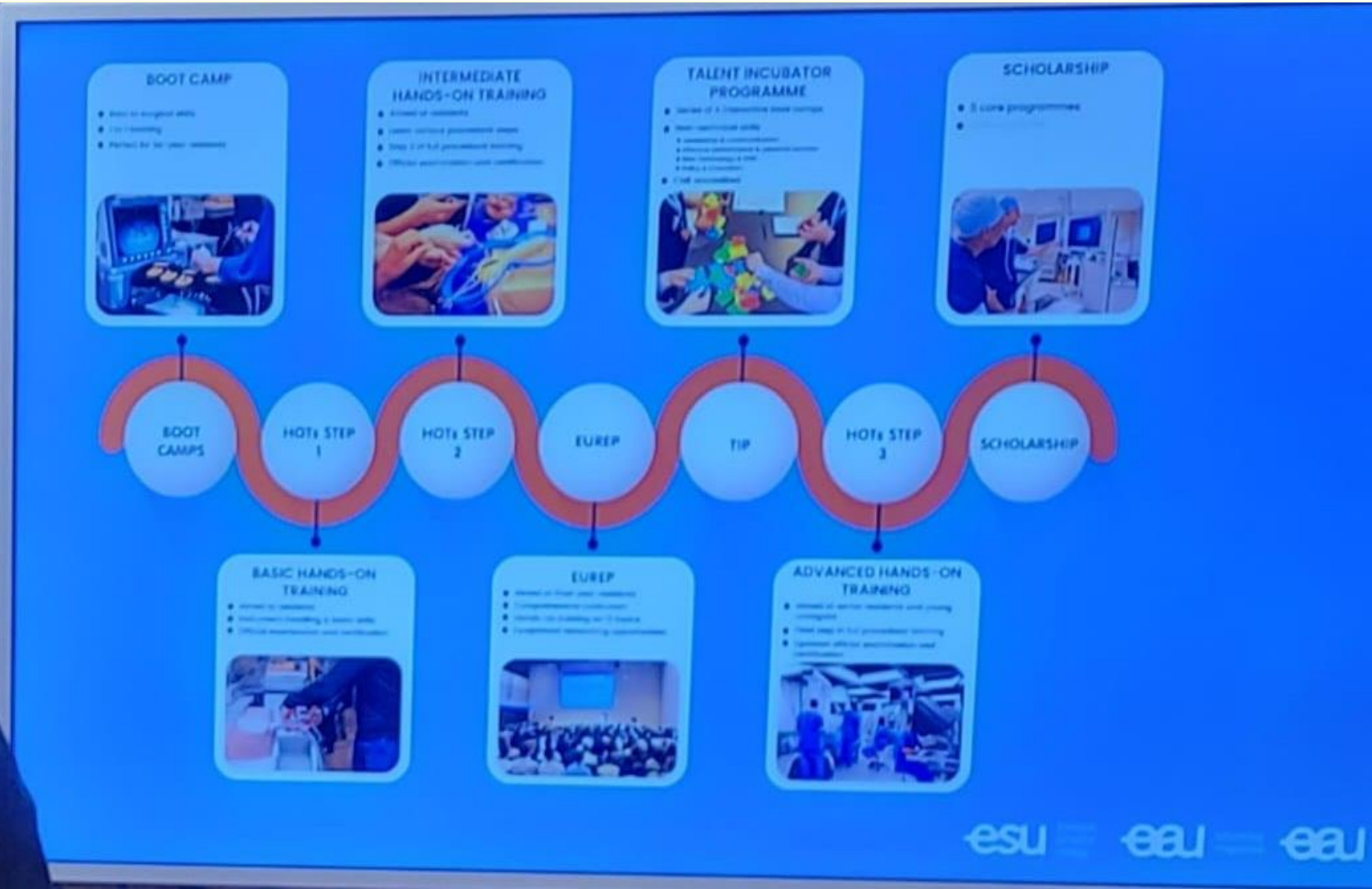
Supporting and Connecting Urology Residents Across

Europe

The European Society of Residents in Urology (ESRU) was founded in 1991 by a group of urology residents across Europe. Over the years, it has become a key organization for European urology residents, working closely with the European Association of Urology (EAU) and the European Board of Urology (EBU).



5) Training Roadmap



ESRU and EBU

1. How does your community perceive our programmes?
2. How can we increase participation in
In-Service Assessment
FEBU exams
3. What is the value of the European Training Requirements, how
can you use it?

1) EBU programmes perception

- **ETR:** Relatively unknown and underused
- **ISA:** Good opportunity to test your knowledge
- **EBU:** Good option as final examination method, especially for small countries
- Concerns about exam **quality, consequence** and potentially **limited duration** of **FEBU title**

2) Increasing Participation - In-Service Assessment (ISA)

- Improve question quality and accuracy
- Promote **institutional endorsement** (e.g., mandatory participation)
 - Through national associations?
- Provide **World Bank-based discounts**
- Raise awareness through **communication campaigns / national representatives / ESRU / EAU**
- Highlight personal and professional development benefits



2) Increasing Participation – FEBU Exams

Why do the FEBU Exam?

- Increase visibility, recognition and utility of the FEBU title
 - Clarify long-term benefits of certification for career progression
 - Share success stories and testimonials
 - high costs → participation depends on individual motivation
- Limited validity of certification
 - If this is really the way, ↓ participation costs for recertifications
- Collaborate with national associations to align with local requirements

3) Value & Use of the European Training Requirements (ETR)

What is **your** goal?

1. Currently **underused** and **not widely known** in some countries
2. Opportunity to **benchmark quality** across training institutions
3. Useful for **aligning national curricula** with European standards
bottom-up vs top-down approach
4. Promote via national societies and residency programs
Ideal flow: national rep → National society → election
5. Encourage resident and mentor feedback on usability and relevance

